

FSC 2026: Session: 1: COACH evaluation sheet for TEAM: ZVL

Coachinfo: Warming up from: 08:00 until 09:15. Teamleadmeeting @ The listed starttimes are indicative!

Coaches: Van Campenhout Sigrid

Coaches: De Weerd Koen

Coaches: De Herdt Els HEADCOACH

PB => Personal Best time

SB => Seasons Best time: Season starting point: first of September.

Event number: 2: 100M BUTTERFLY WOMEN		Heat:1, starttime: 09:44
Heat: 1/5 Lane : 7 Athlete: JACOBS LOTTE		Q-time: 01:12:60
PB (50m pool): 01:12.60 Antwerpen 13/07/2025		PB (25m pool): 01:10.65 SB: 01:13.12 Wezenberg 01/02/2026
	50 M	100 M
PB	00:32.99	01:12.60
	00:32.99	00:39.61

Coach feedback:

Event number: 6: 50M BREASTSTROKE WOMEN		Heat:1, starttime: 10:37
Heat: 1/6 Lane : 7 Athlete: JACOBS LOTTE		Q-time: 00:38:33
PB (50m pool): 00:38.33 Wezenberg 03/01/2026		PB (25m pool): 00:35.71 SB: 00:38.33 Wezenberg 03/01/2026
	50 M	
PB	00:38.33	
	00:38.33	
	

Coach feedback: